

“Yn Daunse jeh ny Blaaghyn Bwee”

The Dance of the Yellow Flowers

By Lowenna Joughin [winner of the under 16s new Manx dance competition]

Solo dance

Watch here: https://youtu.be/hyP_boKiVQM

INSTRUCTIONS

Musical intro – Place a posy of yellow flowers on the floor approx. 2 metres in front of the solo dancer

VERSE 1.

A1 Arms up. Balance x 4; pivot spin right for 4 beats.

B1 Side step to right x 2 beats; feather step with left foot hopping on right foot while turning right;

Side step to left x 2 beats; feather step with right foot hopping on left foot while turning left.

B2 Arms folded, dance forward towards flowers with set steps x 2 RLR LRL; Hands on hips, point and tap right toe in front; point tap left toe.

Arms folded, dance backwards to original position with set steps x 2 LRL RLR; Hands on hips, point and tap left toe; point and tap right toe on the spot.

A2 Arms up. Manx reel step x 4 forwards in a circle around the flowers and returning to original position turning round to the right to face the flowers again.

VERSE 2.

A1 Arms up. Right feather step on the spot, feather step while turning left; Left feather step on the spot, feather step while turning right.

B1 Side step to the left x 2; cross back step; Side to the right x 2; cross back step.

B2 Arms folded, dance forward towards flowers with set steps x 2 RLR LRL; Hands on hips, point and tap right toe in front; point tap left toe.

Arms folded, dance backwards to original position with set steps x 2 LRL RLR; Hands on hips, point and tap left toe; point and tap right toe on the spot.

A2 Arms up. Manx reel step x 4 forwards in figure of eight; pick up flowers and dance back to original position facing forwards.

VERSE 3.

A1 Holding flowers to chest, balance x 4; pivot spin right for 4 beats.

B1 Side step to right x 2 beats; feather step with left foot hopping on right foot while turning right;

Side step to left x 2 beats; feather step with right foot hopping on left foot while turning left.

B2 Holding flowers out on first set, dance forward with set steps x 2 RLR LRL; Point and tap right toe in front; point tap left toe.

Dance backwards holding out flowers on first set and back to original position with set steps x 2 LRL RLR; Point and tap left toe; point and tap right toe on the spot.

A1 Manx reel step x 4 forwards in a circle; and dance back to original position, spin left twice while the tune slows and finish by kneeling on left knee holding up the flowers.

END

Yn Daunse jeh ny Blaaghyn Bwee

Variant of Moghrey Laa Boaldyn
by Grainne Joughin 2020

5

9

13